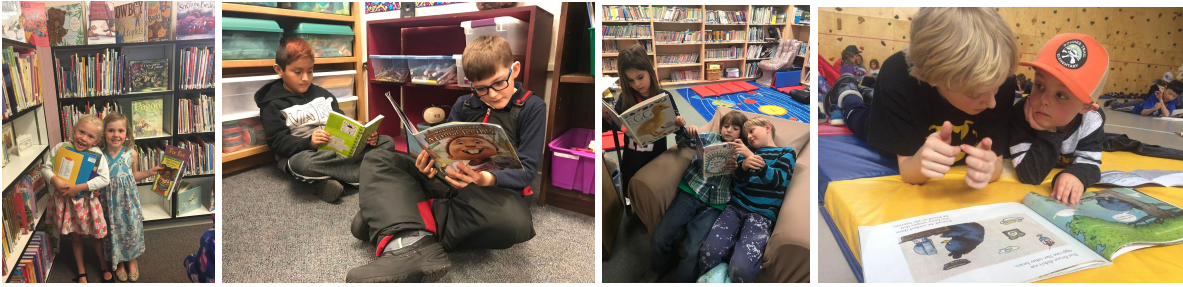


Parents, students, and families



Let's read!

Why?

You might not know this but reading is one of the top indicators of long-term academic success for our youth. AND... a little bit of reading each day goes a long way!

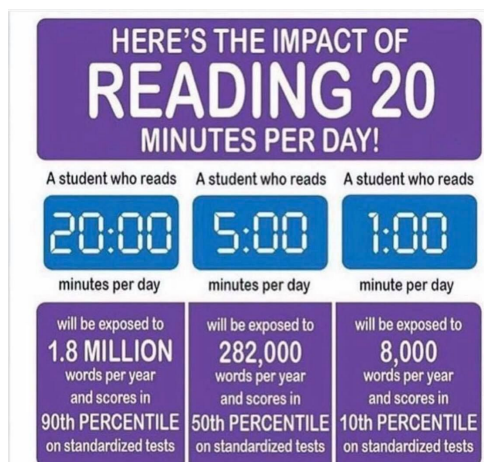
We always encourage parents to have their kids read at least 20 minutes per day, but you might not know why. **Just reading 20 minutes a day, exposes a child to 1.8 million words per year!** Isn't that amazing? What a difference this makes on a child's vocabulary! Can you imagine it what it does for them year after year? You're setting them up for success!

We invite you to be part of our reading challenge!

Each month we are going to encourage all ages to read a minimum of 20 minutes a day, every day! You, your child, and your family! You can read aloud, read independently, or read together. It all makes a difference and makes for some quality time together!!

We'd love to hear how you're doing!

Take pictures of your favorite books or reading time and send it to socialmedia@ttusd.org! You can also post something on social media and tag Tahoe Truckee Unified School District! Let's do this!



What are you going to read tonight?

If you're looking for ideas, the International Literacy Association has put together some [great reading lists](#)!



Reading Ideas during Winter Break

Here are some tips on how to make that 20 minutes of reading a day a reality!

Week of 12/23 - 12/29/18

The goal is a total of 140 minutes of reading this week. Break it up and do what works best for you and your family. You may want to do a mixture of reading together and reading on your own.

Some ideas:

- Rent an audiobook from the library and listen to it in the car together.
- Read an article on a current event and discuss it
- Find a fun story about winter from the library to read
- Find other books or series by an author you like
- Pick one favorite family book to read together one night this week!
- Participate in your school's reading challenge

12/29/18 - 1/5/19

The goal is a total of 140 minutes of reading this week. Break it up and do what works best for you and your family. You may want to do a mixture of reading together and reading on your own.

Some ideas:

- Motivate each other with a little friendly competition in your family and see who can read the most minutes this week!
- Encourage your child to challenge a friend to see who can read the most minutes this week.
- Share the books that you plan to read this week and the month ahead and why they interest you.
- Pick one favorite family book to read together one night this week!

If you're looking for ideas for good books to read, the International Literacy Association has put together some [great reading lists](#)!